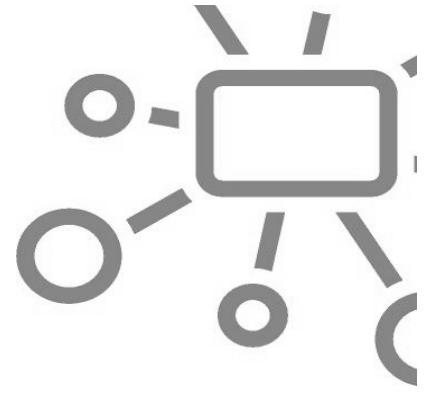


IF YOU TEST POSITIVE FOR COVID-19



If you test positive, you will receive either a text or email from the Lenawee County Health Department that contains a link to a secure electronic survey. Please complete the survey so we can help keep the community safe.

Start isolating yourself right away. Stay home except for medical care. Let your employer know you have COVID-19.

Notify your close contacts so they can start to quarantine themselves.

- Use the Contact Tracing Tool on the back of this page to help you identify your close contacts.

You can resume normal activities when

- 10 days have passed since symptoms started (or test date if no symptoms),
- you are fever-free for 24 hours and
- your symptoms have improved

Employer letters

Due to the overwhelming number of cases, the health department no longer provides quarantine and isolation letters. However, information for employers on when to end isolation or quarantine, is available on our website: www.lenaweehealthdepartment.org



**LENAWEE COUNTY
HEALTH DEPARTMENT**

CLOSE CONTACTS: QUARANTINE INSTRUCTIONS

If you are told you are a close contact, start quarantining right away.

Stay home except to get medical care. Close contacts of a positive case (< 6 feet, 15 + minutes total) need to quarantine:

- For 10 days as long as you do not develop symptoms. You must continue monitoring for symptoms through day 14.
- If you develop symptoms, get tested and follow instructions above for when you can resume normal activities.

In Michigan, you currently cannot test out of quarantine. Even if you receive a negative test result, you need to complete your full quarantine.