

ADMINISTRATOR'S OFFICE

Beverly K. Ahlers
Human Resources Coordinator

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MEMO

DATE: January 6, 2022

TO: Non-Union, Steelworker-Drain, Steelworker-Maintenance, GELC-District Court, GELC-Circuit Court, GELC-MSC, MNA, Teamsters-Probate Court, POLC and POAM employees.

FROM: Beverly K. Ahlers, Human Resources Coordinator

SUBJECT: **2022 WELLNESS PROGRAM**

Beginning January 1, 2022 through December 31, 2022 all Lenawee County employees enrolled in one of the five Simply Blue health insurance options are required to meet the following requirements:

- Every enrolled employee (& spouse) are required to complete a **Health & Wellness online assessment** annually through the Blue Cross Blue Shield of Michigan website **between January 1, 2022 and December 31, 2022.**
- Every enrolled employee (& spouse) are required to have a health maintenance exam (**Wellness Exam**) annually **between January 1, 2022 and December 31, 2022.**

Guidance to assist you in completing the Health & Wellness online assessment is included with this memo. Blue Cross will provide Lenawee County with a record of employee & spouse who have completed the assessment twice per year. The completion reports from Blue Cross will serve as record of completion.

Enclosed with this memo is the **2022 Lenawee County Wellness Visit Confirmation Form**. This form must be signed by your physician and returned to Bev in the Administrator's Office for every employee (& spouse) enrolled in a Lenawee County sponsored health insurance plan in 2022. Please complete a separate form for employee & spouse.

The **Healthy Basics** booklet, and **2022 Lenawee County Wellness Visit Confirmation Forms** can be accessed at www.Lenawee.mi.us >Government>Human Resources>Employee Benefit Information>Health Insurance. The Healthy Basics booklet may also assist you in completing the online assessment with Blue Cross.

Many physicians schedule wellness exams several months out so it is suggested to make your wellness exam appointment early to ensure you're seen in 2022. Please remember – Wellness Physicals are covered ONE PER CALENDAR YEAR. If you have problems with your providers office please let me know.

Employees/spouse who do not complete the wellness exam & online assessment requirements for 2022 will experience a reduced level of employer funding for health insurance premiums in 2023.

If you have any questions please don't hesitate to contact me at 264-4510 or bev.kampmueller@lenawee.mi.us.

Thank you.