

# ADMINISTRATOR'S OFFICE

Beverly K. Kampmueller  
Human Resources Coordinator

301 N. Main Street Adrian, MI 49221  
p: 517-264-4510 | f: 517-264-4512  
Lenawee.MI.US



## MEMO

DATE: January 6, 2021

TO: Non-Union, Steelworker-Drain, Steelworker-Maintenance, GELC-District Court, GELC-Circuit Court, GELC-MSC, MNA, Teamsters-Probate Court, POLC and POAM employees.

FROM: Beverly K. Kampmueller, Human Resources Coordinator

SUBJECT: **2021 WELLNESS PROGRAM**

**Beginning January 1, 2021 through December 31, 2021** all Non-Union, Steelworker-Drain, Steelworker-Maintenance, GELC-District Court, GELC-Circuit Court, GELC-MSC, MNA, Teamsters-POLC and POAM employees enrolled in one of the five Simply Blue health insurance options are required to meet the following requirements:

- Every enrolled employee (& spouse) are required to complete a Health & Wellness online assessment annually through the Blue Cross Blue Shield of Michigan website **between January 1, 2021 and December 31, 2021**.
- Every enrolled employee (& spouse) are required to have a health maintenance exam (Wellness Exam) annually **between January 1, 2021 and December 31, 2021**.

Guidance to assist you in completing the Health & Wellness online assessment can be found beginning on page 6 of the *Healthy Basics* booklet. Check this booklet for a list of items that would be helpful (but not required) to have on hand before you begin the online assessment. Blue Cross will provide Lenawee County with a record of employee & spouse who have completed the assessment twice per year.

Enclosed with this memo is the **2021 Lenawee County Wellness Visit Confirmation Form**. This form must be signed by your physician and returned to Bev in the Administrator's Office for every employee (& spouse) enrolled in a Lenawee County sponsored health insurance plan in 2021. Please complete a separate form for employee & spouse.

The *Healthy Basics* booklet, and **2021 Lenawee County Wellness Visit Confirmation Forms** can be accessed at [www.Lenawee.mi.us](http://www.Lenawee.mi.us) >Government>Human Resources>Employee Benefit Information>Health Insurance.

**Many physicians schedule wellness exams several months out so it is suggested to make your wellness exam appointment early to ensure you're seen in 2021. Please remember – Wellness Physicals are covered ONE PER CALENDAR YEAR. If you have problems with your providers office please let me know.**

Employees/spouse who do not complete the wellness exam & online assessment requirements for 2021 will experience a reduced level of employer funding for health insurance premiums in 2022.

If you have any questions please don't hesitate to contact me at 264-4510 or [bev.kampmueller@lenawee.mi.us](mailto:bev.kampmueller@lenawee.mi.us).

Thank you.