

## **2022 Lenawee County Wellness Visit Confirmation Form**

(Please complete a separate form for each member receiving a wellness visit)

A Health Maintenance Exam is a general physical examination that meets the recommended preventative care guidelines as defined by the Michigan Quality Improvement Consortium and the U.S Preventive Services Task Force.

Employees (& their spouse) enrolled in a Lenawee County sponsored health insurance plan are required to receive a Health Maintenance Exam between January 1, 2022 and December 31, 2022.

### **Employee Information**

Employee Name (Please print clearly): \_\_\_\_\_

Spouse Name (Please print clearly): \_\_\_\_\_

Employee's Department: \_\_\_\_\_

### **Exam Information**

Person receiving exam: \_\_\_\_\_

Date of exam: \_\_\_\_\_

### **Physician Verification**

I hereby certify that the above-named person received a Health Maintenance Exam on date noted above.

Physician Name (Please print clearly): \_\_\_\_\_

Physician Signature: \_\_\_\_\_

## **Returning Form**

**EMPLOYEE NOTE:** In order to receive credit for the 2023 Wellness Program, the employee should return this completed form to Human Resources by:

- Interdepartmental Mail (**preferred**)
- Mailed to – Lenawee County Administrator's Office, 301 N. Main Street, Adrian, MI 49221
- Fax: 833-523-2259