

LENAWEE COUNTY HEALTH DEPARTMENT



INFORMATION FOR LONG-TERM CARE FACILITIES & NURSING HOMES

For more information, contact:

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The Lenawee County Health Department would like you to be aware of the following guidance from the Centers for Disease Control and Prevention (CDC) for Long-Term Care Facilities and Nursing Homes during COVID-19.

CDC link for Long-Term Care Facilities/Nursing Homes: tinyurl.com/COVIDLTC

This website has information such as:

- Preparedness Check-lists
- Educating Residents, Health Care Personnel and Visitors
- Infection Prevention and Control Guidelines
- When There Are Cases in the Community
- When There Are Cases in the Facility
- Additional Resources

Please also see Governor Whitmer's **Executive Order 2020-06 (COVID-19)-Rescinded** regarding temporary restrictions into long-term care facilities at www.Michigan.gov/Whitmer (News tab-Executive Orders).

Patients with confirmed infection have reportedly had mild to severe respiratory illness with symptoms of:

- Fever
- Cough
- Shortness of breath

The best prevention for viruses, such as influenza, the common cold or COVID-19 is to:

- Call your health care provider if you think you have been exposed to COVID-19. **Do not** show up at the office without calling first. If you do not have a health care provider, call Family Medical Center at 517-263-1800.
- Wash hands often with soap and warm water for 20 seconds. If not available, use hand sanitizer.
- Avoid touching eyes, nose, or mouth with unwashed hands.
- Cover your mouth and nose with a tissue when you cough or sneeze and then throw the tissue away. Or you may cough or sneeze into your elbow.
- Avoid contact with people who are sick
- Forego handshakes
- Stay at least 6 feet away from others when in a public setting.
- If you are sick, stay home and avoid contact with others.
- Avoid cruise travel
- Carefully consider non-essential travel. Consult the CDC website <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html> for guidance.

Testing:

- Individuals who do not have symptoms do not need to be tested.
- Individuals with *mild* symptoms are encouraged to remain home; they should call their medical provider if symptoms worsen.
- Individuals who have developed symptoms within 14 days of either close contact with a lab confirmed COVID-19 patient or recent travel to an area with widespread COVID-19 transmission, may call the **ProMedica 24/7 Screening Line (419) 291-5355** to determine if they should be tested.
- Individuals should not show up at their medical provider's office, health department or emergency department asking to be tested. The health department does not conduct testing for coronavirus. The emergency department will not conduct testing without an individual having first talked to their medical provider. Individuals without a medical provider should contact the Family Medical Center at 517-263-1800.

Questions:

Public health experts are available to answer your questions about COVID-19.

- Michigan Department of Health and Human Services: (888) 535-6136
 - Open seven days a week from 8:00 a.m. to 5:00 p.m.
- Lenawee County Health Department: (517) 264-5226 option 5
 - Open Monday through Friday from 8:00 a.m. to 4:30 p.m.

Additional information is available: www.lenaweehealthdepartment.org.

Information around this outbreak is changing rapidly. The latest information is available at Michigan.gov/Coronavirus and CDC.gov/Coronavirus.

If you have any questions or concerns, please call the health department at (517) 264-5226.