

PROTECT YOURSELF FROM Hepatitis A

HOW IS IT SPREAD?



Not washing
hands



Sex with infected
partners



Eating/drinking
foods contaminated
by Hepatitis A



Illegal drug
use

It can also be spread through close contact with someone infected with Hepatitis A

WHAT ARE THE SYMPTOMS?



Yellowing of eyes
and skin (jaundice)



Fever



Nausea or
throwing up

Other symptoms include: dark pee, pale poop, stomach pain, feeling tired or loss of appetite
If you have symptoms, see your doctor.

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?



Wash your hands with
soap and warm water
after using the bathroom
or changing diapers
and before eating
and preparing food.



**GET VACCINATED
IF YOU ARE AT HIGH
RISK FOR GETTING
HEPATITIS A!**

WHO IS AT HIGH RISK?

- Men who have sex with men (MSM)
- People who use illegal drugs
- People currently homeless or in transient living
- People recently in jail or prison
- People with underlying liver disease