

ADMINISTRATOR'S OFFICE

301 N. Main Street ~ Adrian, MI 49221

[www.lenawee.mi.us](http://www.lenawee.mi.us)

**Martin D. Marshall**  
County Administrator

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**MEMO**

DATE: January 7, 2019

TO: Non-Union, Steelworker-Drain, Steelworker-Maintenance, GELC-District Court, GELC-Probate Court, GELC-Circuit Court, GELC-MSA, MNA, POLC and POAM employees.

FROM: Beverly K. Kampmueller, Human Resources Coordinator

SUBJECT: **2019 WELLNESS PROGRAM**

**Beginning January 1, 2019 through December 31, 2019** all Non-Union, Steelworker-Drain, Steelworker-Maintenance, GELC-District Court, GELC-Probate Court, GELC-Circuit Court, GELC-MSA, MNA, POLC and POAM employees enrolled in one of the five Simply Blue health insurance options are required to meet the following requirements:

- Every enrolled employee (& spouse) are required to complete a Health & Wellness online assessment annually through the Blue Cross Blue Shield of Michigan website **between January 1, 2019 and December 31, 2019**.
- Every enrolled employee (& spouse) are required to have a health maintenance exam (Wellness Exam) annually **between January 1, 2019 and December 31, 2019**.

Guidance to assist you in completing the Health & Wellness online assessment can be found beginning on page 6 of the *Healthy Basics* booklet included with this memo. Check this booklet for a list of items that would be helpful (but not required) to have on hand before you begin the online assessment. Blue Cross will provide Lenawee County with a record of employee & spouse who have completed the assessment twice per year.

Also enclosed with this memo is the **2019 Lenawee County Wellness Visit Confirmation Form**. This form must be signed by your physician and returned to Bev in the Administrator's Office for every employee (& spouse) enrolled in a Lenawee County sponsored health insurance plan in 2018. Please complete a separate form for employee & spouse.

The ***Healthy Basics*** booklet, and **2019 Lenawee County Wellness Visit Confirmation Forms** are included with this memo but can also be accessed at [www.Lenawee.mi.us](http://www.Lenawee.mi.us) >Government>Human Resources>Employee Benefit Information>Health Insurance.

Many physicians schedule wellness exams several months out so it is suggested to make your wellness exam appointment early to ensure you're seen in 2019.

Employees/spouse who do not complete the wellness exam & online assessment requirements for 2019 will experience a reduced level of employer funding for health insurance premiums in 2020.

If you have any questions please don't hesitate to contact me at 264-4510 or [bev.kampmueller@lenawee.mi.us](mailto:bev.kampmueller@lenawee.mi.us).

Thank you.