

# BED BUGS FACT SHEET



Lenawee County  
**HEALTH**  
DEPARTMENT

WHAT YOU NEED TO KNOW

## What are bed bugs?

Bed Bugs are small wingless insects about the size of an apple seed. They feed on the blood of animals such as birds, and mammals while they sleep, but are not known to spread disease. They are commonly found in cracks and crevices of beds, furniture, and walls. They are not caused by poor hygiene or cleaning habits.

## What are the symptoms?

**Most people DON'T feel the bug bite.**

- Many small, itchy, red bumps on skin. (May appear similar to other bug bites). These may take up to 14 days to show up.
- Some may experience severe allergic reaction similar to hives.

## How are they treated and removed?

- Found worldwide, bed bugs are spread by traveling and hide easily among luggage.
- Bites can be treated by not scratching and apply antiseptic cream.
- Normal treatment of an infestation is spraying of insecticides. Contact your landlord or pest control agent.
- Wash clothing and linens on highest heat material can stand or put in dryer on high heat for 30 minutes.
- Reduce clutter to remove hiding places.

## Where are they found?

- Bed bugs can be found in the seams and folds of luggage, overnight bags, folded clothes, bedding, furniture, corners of drawers, among clutter, behind wallpaper even used books.

## What to look for?

- Small blood stains on sheets and mattresses
- Bed bugs and their eggs can be found in fold, creases and corners of furniture.
- Sometimes large dark brown/red fecal spots can be found on or near bed.

## How are they prevented?

- The best way to prevent bed bugs is routine inspection for infestations.
- Adults can survive for 5 months without a blood meal. Younger ones can survive for about a week. After removing them be sure to routinely check for any remaining bed bugs for at least 5 months.